

*Tired of struggling with self-doubt & negative thoughts  
that try to Sabotage your Success in Life?*

*Wouldn't it be great if you could set your Power Thoughts in  
AUTOMATIC to support your goals and desires, so your  
Mind works FOR you instead of against you?*

**COME EXPERIENCE**

## ONE STEP TO SUCCESS

New Breakthrough Technique – simple, fun, quick & easy!

- Start living the life you were designed to live
- Feel excited & empowered everyday to be your best
  - Experience amazing Love, Peace & true Joy!
- Automatically feel pulled toward the things you know you should do!

### Workshop Presented by LOIS GALLO

President of Inspiration Connections, Inc.  
Transformational Life & Business Coach, Speaker, Author, Artist

**WEDNESDAY, February 9th, 2011**  
**from 12-1:30 p.m.**

**Marsh Landing Bldg., 575 Lynnhaven Pkwy., Ste. 280-B,  
Virginia Beach, VA 23452 (Directions: 431-1414)**

**RSVP Appreciated:** *(limited seating available)*

**672-6746 or Val@InspirationConnections.com**

*Feel free to bring a bag or box lunch if you like*

**WARNING: This program can cause you to:**

- Lose the weight you want without a struggle
- Find the love you're missing without looking for it
- Know who you are & what your sweet spot in life is
- Attract so much financial appreciation you won't believe it
- Experience such an amazing spiritual connection every day
- Absolutely love your incredible & amazing new life!

**For more info, visit: [www.InspirationConnections.com](http://www.InspirationConnections.com)**